



# **Rhode Island Department of Health** **Pediatric to Adult Healthcare** **Transition Guidance & Checklist**

Name \_\_\_\_\_

DOB \_\_\_\_\_

Provider Action	Ages	Ages	Ages	Ages
	13-14	15-16	17-19	20-22
Meet Privately with adolescent for portion of visit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Encourage the adolescent to assume increasing responsibility for his / her healthcare management</b>				
Assure the Adolescent understands his / her condition	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assure the Adolescent understands medications / treatments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provide general short-term / long-term health guidance and goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Review medical records / history	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Address copies of reports, letters, and tests to adolescent and parent / caregiver	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Address copies of reports, letters, tests to adolescent			<input type="checkbox"/>	<input type="checkbox"/>
<b>Provide anticipatory guidance</b>				
Nutrition, weight, and fitness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Safety, substance abuse, and smoking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental health / behavioral health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships, gender, and sexuality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reproductive health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confidentiality / consent		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Assess the adolescent's and the family's readiness for transfer to an adult healthcare provider</b>				
Initiate discussion about transfer to an adult primary care provider		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outline differences of adult care		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Discuss healthcare coverage / Insurance			<input type="checkbox"/>	<input type="checkbox"/>
Identify possible adult care providers			<input type="checkbox"/>	<input type="checkbox"/>
Encourage adolescent and caregiver to meet & interview adult providers			<input type="checkbox"/>	<input type="checkbox"/>
Initiate communication with adult primary care provider selected			<input type="checkbox"/>	
<b>Implement the transfer to an adult primary care provider</b>				
Plan transfer			<input type="checkbox"/>	<input type="checkbox"/>
Prepare medical summary			<input type="checkbox"/>	<input type="checkbox"/>
Discuss nuances of care with adult primary care provider			<input type="checkbox"/>	<input type="checkbox"/>
Follow-up with adolescent, parent / caregiver, and primary care provider after the transfer			<input type="checkbox"/>	<input type="checkbox"/>



## **Rhode Island Department of Health Pediatric to Adult Healthcare Transition Guidance & Checklist**

### **About the Transition Guidance & Checklist**

The Rhode Island Department of Health and the Rhode Island Chapter of the American Academy of Pediatrics have developed the Pediatric to Adult Healthcare Transition Guidance and Checklist. The Guidance & Checklist are based on national standards of practice and provide a roadmap of the transition of a youth from pediatric to adult healthcare.

### **Note to the Physician**

The goal of the checklist is to assist primary care physicians in the process of transition by presenting important action steps and a corresponding timeline. This tool will benefit all adolescents in your practice; however, we would strongly recommend its use for youth with special health care needs. It is important to remember that several transitions are occurring in the youth's life as they move toward independence. For instance, if the youth is receiving special education, the school district is addressing social / educational / vocational transitions. As the primary care physician, you are in a unique position to encourage youth to manage their own healthcare, discover their own identity, and achieve independence.

#### **Considerations to a Successful Transition**

- Understanding one's disability or condition
- Identifying a strong support network
- Communication and learning *how* to advocate for oneself
- Educational / vocational readiness and planning
- Organizing & maintaining important documents and records
- Understanding health insurance benefits and options
- Knowing at 18 years of age, the adolescent is presumed to be an adult and responsible for understanding risks and benefits in order to make decisions about healthcare

### **Local and national resources:**

[www.health.ri.gov](http://www.health.ri.gov) - Rhode Island Department of Health, Disabilities & Health Program  
[www.socialsecurity.gov](http://www.socialsecurity.gov) -Social Security Administration  
[www.ripin.org](http://www.ripin.org) - Rhode Island Parent Information Network (RIPIN)  
[www.ridlc.org](http://www.ridlc.org) - Rhode Island Disability Law Center-Protection and Advocacy / Guardianship Information  
[www.hrtw.org](http://www.hrtw.org) -Healthy and Ready to Work Resource Center  
[www.ncset.org](http://www.ncset.org) -National Center on Secondary Education and Transition  
[www.cdc.gov](http://www.cdc.gov) -Centers for Disease Control (CDC)  
[www.youthhood.org](http://www.youthhood.org) -where childhood meets adulthood on the web, a site for teens & adults  
<http://rhodeisland.networkofcare.org/mh/home/index.cfm> -Information concerning behavioral healthcare  
[www.ride.ri.gov/special\\_populations](http://www.ride.ri.gov/special_populations) -Transition Coordinators / Educational Collaborative  
[www.ors.ri.gov](http://www.ors.ri.gov) -Department of Human Services, Office of Rehabilitation Services-Benefits Assistance  
[www.ahrq.gov/consumer/insuranc.htm](http://www.ahrq.gov/consumer/insuranc.htm) -Agency for Health Insurance Research and Quality  
[www.sherlockcenter.org](http://www.sherlockcenter.org) - Paul V. Sherlock Center on Disabilities, Community Based Employment  
[www.iwannaknow.org](http://www.iwannaknow.org) -American Social Health Association website for teens